

### Massage Upgrades

#### Aromatherapy Oils - \$5 per oil

Maximize your massage experience with healing essential oils. Our massage therapists will gladly work with you to help select the right oil for you!

#### Hydrating Treatment - \$10

Revitalize your skin as well as your body when you receive your massage. We use GM Collin's Hydrating Cream and Treating Oil to hydrate and nourish your skin.

### Body Treatments

Relax and pamper your body with our treatments which will leave your body looking great and feeling silky.

**Body Contouring Wrap** - Undergo a gentle exfoliation which leaves your skin smooth and luminous, followed by a cassia and niacin enriched wrap designed to reduce inches from your body! Finish with a relaxing massage which helps eliminate toxins from your body and break up cellulite. **90 Minutes \$120**

**Organic Divine Body Polish and Hydration** - First, enjoy a scented and luxurious exfoliation of your body. Next your body will be blanketed in moisture and warmth to thoroughly rehydrate your skin. Finally you'll be pampered by a reinvigorating and re-energizing massage. **90 Minutes \$120**

**Body Firming Massage** - Directed at stretch marks, this treatment uses GM Collin's Firming Cream which has clinically been proven to help reduce the appearance of stretch marks. **60 Minutes \$100**

**Lymphatic Cellulite Massage** - The combination of lymphatic massage along with actives in GM Collin's Lipo-Fitness Serum can help target problematic cellulite. Not to be received by individuals who are pregnant. **60 Minutes \$100**

### Waxing

Arm	\$30 (half) / \$40 (full)
Back	\$40+
Bikini Line	\$25
Cheek	\$15
Chest	\$40+
Chin	\$10
Eyebrow	\$15
Leg	\$40 (half) / \$60 (full)
Lip	\$10
Underarm	\$20
Brazilian	\$65 Female / \$55 Maintenance

### Medical Nutrition Therapy

Whether it's to lose weight, help address a chronic health condition, or even to get pointers on getting started with or maintaining your healthy lifestyle, our licensed dietician can help. Group sessions are also available. **60 Minutes \$75**

### Permanent Cosmetics

Wake up with perfectly applied makeup every day. Improve your appearance with the convenience of lip color, eyebrows and eyeliner that won't rub off, smudge or smear. **Please Inquire With Our Staff**

### Botox

Botox injections are available to address dynamic wrinkles, migraines and excessive sweating. Inquire about discount rates for a Botox party with your friends!

\$13.50 per unit

### Fillers

Diminish unwanted lines and creases or add some immediate plumping to your lips. Inquire about discount rates for a filler party with your friends!

Juvéderm Ultra	- \$560 per 0.8cc
Juvéderm Ultra Plus	- \$610 per 0.8cc
Restylane	- \$610 per 1.0cc / \$330 per 0.4cc
Pearlane	- \$640 per 1.0cc
Radiesse	- \$700 per 1.3cc

### Medical Grade Peels

Give your skin care program a boost with one of the following medical grade peels. For maximum safety and efficacy, these peels require adherence to prescribed pre- and post-peel home care regimens. Our skin care specialists will work with you to select the peel most appropriate for your skin's condition.

**Progressive ProPeel** - Medium depth peel which addresses photodamaged skin, fine wrinkles, hyperpigmentations and acne scars. **\$300**

**Pumpkin Peel** - A powerful keratolytic and antioxidant therapy that brightens, nourishes and rejuvenates the skin. **\$125**

**PCA Peels** - A series of modified and enhanced Jessner's peel treatments which are customized, allowing for effective exfoliation, lightening and smoothing of the skin. **\$125 up to three layers, \$185 four to six layers**

**Blended TCA Peels** - Specially formulated TCA peels which are designed to give the same dramatic results without the discomfort and downtime of traditional TCA peels. **\$150 up to three layers, \$300 four to six layers**

**Esthetique Peel** - A retinol treatment formulated to enhance treatment results and offer immediate smoothing, brightening and firming benefits to create glowing, healthy skin. **\$125**

**Detox Gel Deep Pore Treatment** - This treatment effectively penetrates pores to dissolve impactions, kill bacteria, reduce inflammation and remove excess cellular debris to leave the skin hydrated, purified and clear. **\$100**

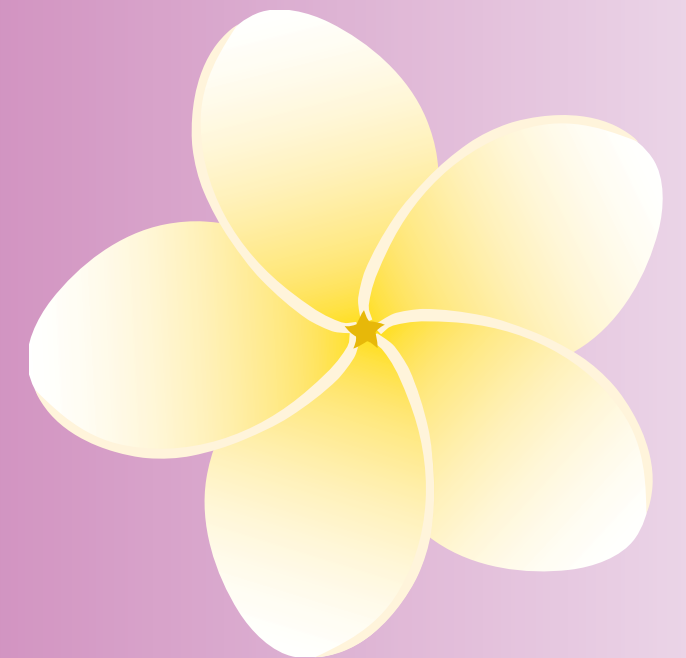
**Clarifying Mask** - Keratolytic and anti-inflammatory action of this treatment make it an ideal choice for helping improve acneic, breakout-prone skin and sluggish, dull complexions. **\$100**

**Oxygenating Trio** - Improves your skin's respiration and stimulates its metabolism to move toxins and destructive free radicals out of the tissues. Effectively helps slow the appearance of visible signs of aging, while purifying it and leaving it glowing, clear and healthy looking. **\$125**

**Smoothing Body Peel Treatment** - Innovative body treatment formulated to smooth, firm and hydrate while simultaneously evening skin discoloration. **\$150 - \$300 depending on body part treated**

# Vive

## Facial and Body Works



## Menu of Services

Vive Facial and Body Works  
330 Centerville Road  
Lancaster, PA 17601

(717) 207-0133

On the web: [www.ViveFacialAndBodyWorks.com](http://www.ViveFacialAndBodyWorks.com)

Central Pennsylvania's Ultimate Place To Look and Feel Your Best!

Welcome to Vive Facial and Body Works!

We're excited about our new facility and all that it has to offer. Vive's philosophy is simple. First offer the finest products to deliver optimal results and the most enjoyable experience. Secondly, provide our services through a caring, competent, professional staff who is ready to address your specific needs and concerns. Finally, deliver our services in an environment which is calming and pleasing to the senses.

Our decor is based on an Asian five elements (fire, water, earth, wood and metal) theme. Within our theme, we stress balance and harmony. This ties in with our goal of leaving you refreshed and invigorated at the end of your service with us.

We are always striving to provide better service for you. Hence, we welcome any opinions, suggestions and comments about any aspect of your experience with us. Please feel free to contact me personally with your concerns.

Spage Yee, MD

### Vive Policies and Etiquette

To maximize the quality of your visit and to those of our other guests, we kindly request that you adhere to the following during your visit at Vive.

**Cell Phones** - To maintain an atmosphere of relaxation and to minimize distractions for yourself and fellow guests, we ask that you please turn off your cell phone while in the spa.

**Appointments** - We request that you arrive 15 minutes prior to your appointment time so that we may receive you and address your needs prior to your service. New clients will be asked to fill out a spa questionnaire which helps us to provide you with an optimal treatment. Please be aware that late arrivals will result in lost service time without any adjustment in fee. As a courtesy to all our guests, all services will end at the scheduled time. We kindly request a 24 hour notice on any appointment cancellations.

**Children** - Spa services are available for individuals aged 13 years and older. Although we love children, for their safety and the comfort and relaxation of our guests, we ask that you refrain from bringing unattended children into the spa.

**Payment** - VISA, MasterCard, and Cash are accepted. Please inquire about our gift certificates.

We recommend that you book your next appointment prior to leaving the spa to ensure that you receive the time slot that will work best for you.

Gratuities for non-medical services, while always welcome, are optional.

## The Vive Facial

Our signature European facial will invigorate both your skin and senses. A thorough consultation with our skin care specialists allow us to customize your treatment. You will receive a deep cleansing, exfoliation, steaming and any needed extractions. Specialized ingredients are delivered to your skin through facial and upper body massage, which will soothe and relax you, and stimulate your blood and lymphatic circulation. A customized mask treatment will provide your skin with concentrated nutrients to augment the health and beauty of your skin. **70 Minutes \$75**

**Radiance** - hydrating, brightening  
**Clarity** - detoxifying, purifying  
**His** - normalizing, calming  
**Re-Vive** - uplifting, anti-aging

## GM Collin Signature Facials

Vive is proud to offer the full line of GM Collin signature facials which offer corrective treatments through a relaxing and invigorating delivery.

**Algomask Hydrating Facial** - Excellent for dry and sensitive skin, this facial provides immediate and long-lasting hydration for your skin. The unique mask in this treatment will cool and soothe your skin. **One Hour \$95**

**Botinol** - Delivers a formula of five peptides and retinol (active vitamin A) to addresses fine lines and wrinkles, improving the fullness of your skin. **90 Minutes \$110**

**C Sea Spa** - Delivers a potent boost of vitamin C to your skin, helping your fight against premature aging by neutralizing environmental oxidative stressors and by stimulating collagen synthesis. **One Hour \$100**

**Collagen 90-II** - Anti-aging treatment that directly addresses lines and wrinkles as well as hydrating your skin. **One Hour \$100**

**HydroLifting**- Provides an immediate lifting and intense moisturizing effect. Excellent treatment immediately before a special event. **90 Minutes \$95**

**Oxygen Facial** - Geared toward oily and acne prone skin. Purifies, detoxifies and brightens your skin. **One Hour \$95**

## Advanced Skin Care Services

Per your request, these procedures can be performed by our medical director at no additional cost

**Microdermabrasion** - Enjoy immediately smoother skin with our crystal free microdermabrasion. Diamond encrusted treatment tips will effectively, but gently exfoliate the dull outer layers of your skin the reveal the smoother radiant you! **Face and Neck \$75**

### Microdermabrasion Upgrades

**Hands \$35**

**Arms \$45**

**Decollete \$45**

**Package #1** - Buy five sessions and get the sixth free!

**Package #2** - Buy a package of six sessions and get a \$75 credit towards a Skincueticals antioxidant or Phyto+

**Microdermabrasion The Works** - A revitalizing anti-aging treatment plus our microdermabrasion. Your skin will be lavished with vitamin C and hydrating vitamin B5 masks. **\$100**

**Microdermabrasion + Peel** - When appropriate for your skin, you can maximize your outcome by combining your microdermabrasion with one of our professional grade peels. The specific peel you need can be discussed with your skin care specialist. **\$120**

**Chemical Peels** - By aiding the exfoliation process, peels can help improve the quality of your skin. Several professional grade peels are available and our skin care specialists are ready to help you select the appropriate one for you. **Face & Neck \$75 -- Please inquire about other body areas**

**Skinceticals Gel Peel SM**  
Excellent for photodamaged skin

**Skinceticals Gel Peel GL**  
Revitalizes sensitive skin and improves the appearance of problem skin

**GM Collin Derm Renewal Peel**  
Gentle, yet effective exfoliation and brightening suitable for all skin types

## Massage

Our massages will help you relax, restore and rebalance yourself. To maximize your experience and results, we've incorporated BioMat technology into our massages. Far infrared heating during your session provides deep penetrating heat to stimulate blood flow, soothe aching muscles and detoxify your body. Negative ion therapy during your session will have you feeling refreshed and revitalized!

**De-Stress** - Calming and as well as restorative to help you relax and ease tense muscles, enhancing your sense of well being. **60 Minutes \$65 / 90 Minutes \$95**

**Deep Tissue** - Works deep into the muscles planes to improve circulation and relieve chronic muscle aches. **60 Minutes \$75 / 90 Minutes \$100**

**Prenatal Massage** - A nurturing massage focused upon the needs of the mother to be. Not offered during the first trimester. Please consult your physician before booking. **60 Minutes \$65 / 90 Minutes \$95**

**Reflexology** - This gentle treatment from the Orient based on pressure point massage of the feet can help to restore and maintain balance throughout your body. **30 Minutes \$50 / 60 Minutes \$100**